AVA CARE
OF HARRISONBURG

ADVOCATE. VALIDATE. ANSWERS.



2025 Annual Report

Reflections on 2025

Mission

AVA Care of Harrisonburg is a Christian, life-affirming medical nonprofit that provides relevant testing services, education, and hope to individuals at risk of or facing undesired pregnancies.

Vision

To be the most trusted source of care for individuals facing sexual health and pregnancy decisions in our community.

Serving the community since 1984.

My heart is overflowing with awe and gratitude. I continue to be amazed that God would choose me to lead this amazing ministry and allow me the privilege to join Him in this precious mission of saving the lives of unborn babies and sparing women the regret of an abortion. I am grateful for the amazing team that He has formed around me—a Board of Directors that is full of gentle, humble, committed Christ followers, a staff that has clearly followed their calling and who love our patients and one another so well, and for volunteers who selflessly serve and share their talents with us. I give thanks to the Lord for His provision, which is evidenced through you, our financial supporters and prayer partners. You reflect God's goodness and faithfulness as you obediently and sacrificially give to make this work possible. As I begin my 19th year as the Executive Director, my passion for this ministry is as strong as ever. These next few years are certain to be difficult as we are already facing challenges politically that seek to disrupt the life-saving efforts taking place. But God! We trust Him wholeheartedly and know He remains in control. The stakes could not be higher; your financial support, prayers, and vote are essential right now. The abortion amendment will be on the ballot in November. What we do now, in the face of this opposition, will impact generations to come. Would you prayerfully consider how you can engage in a deeper way this year? Maybe that's an increase in your giving, a commitment to fervent prayer, or a new way to serve. Whatever God reveals to you, I pray you will respond. I'm so very grateful to be in this with you. Your support in 2025 allowed us to accomplish so much. I hope your heart is encouraged as you read ***your*** Impact Report.

Standing strong for LIFE with you,

Susan Null

Executive Director



A Question of Hope

>> Kara Durante, Director of Patient Services

Nikki* was young and had just welcomed a baby within the last year, so you can imagine her shock when she found out she was pregnant again. She came to AVA Care already planning to have an abortion. There was the possibility of two different fathers, and she did not plan to share the news with either partner because she felt “it did not matter.” I encouraged her to take some time before making a decision since she had just found out she was pregnant. She quickly responded, “I don’t like to think.” I acknowledged that this was how she typically copes, but gently reminded her of the weight of this decision and how parenting, making an adoption plan, or having an abortion could each change her life. As our appointment continued, Nikki shared more. She admitted that she would actually be okay keeping the pregnancy if the father turned out to be the same man as her current baby’s father. She explained that she did not think it would be fair to him to have an abortion because he had been responsible, helping to support her and their son financially. She described him as a “good dad” who “is there for him.” Toward the end of our conversation, I asked about her spiritual beliefs. She said she didn’t have any, but when I asked what gave her hope, she quickly answered: her son, and her desire to “do better, be better.” When I asked what “doing better” looked like in this situation, she didn’t hesitate. She said it meant keeping the baby. What a powerful statement from someone who had walked in planning to have an abortion following her appointment at AVA Care. What a beautiful opportunity we have at AVA Care to give women the space to pause and truly process their thoughts and desires. One can’t help but wonder: if Nikki hadn’t had that space, would she ever have taken the time to uncover what she truly wanted for herself and her unborn child? At her ultrasound appointment, Nikki shared that she planned to continue the pregnancy! When I asked what ultimately changed her mind, she simply said she had never had an abortion before and did not want to have one now. I offered to review community resources with her, but she explained she was planning to move out of state. Nikki asked if I knew of a clinic similar to ours near her new home. I was able to connect her with a pregnancy medical clinic in her new community so she could continue receiving the same kind of support she found at AVA Care. Thank God for AVA Care in this community, and thank you, our financial partners, who make it possible for us to care for women, like Nikki, with compassion, dignity, and hope every day.

**Patient name changed for confidentiality.*

Patient Statistics

AVA Care served **595** individuals in 2025.

Appointment Types*

**Some individuals were seen multiple times which accounts for the higher # of appointments.*


Pregnancy
299


Ultrasound
204


After abortion assessment
12


STI
286


Male advocacy
15

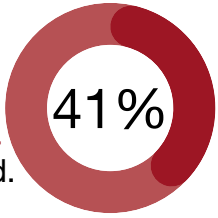
Out of the **210** women who came to AVA Care determined (99), undecided (66), or vulnerable (45) to having an abortion ***and*** had a positive pregnancy test, at least...

67
chose life!

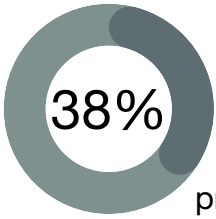
(some outcomes not reported)

> [The most impactful thing discussed at my appointment was] the importance of valuing myself as a woman. Also [learning about] the options I have besides abortion.
>
> *-AVA Care patient*

> [The most impactful part of my visit was] making me think about the benefits of celibacy versus the risk of casual sexual activity.
>
> *-AVA Care patient*



of patients were 20-24 years old.



identified Christianity as their religious preference.

Our Services

Pregnancy testing & confirmation through ultrasound

Pregnancy testing is administered by licensed medical professionals. Ultrasound confirms pregnancy and provides critical information for a woman making a decision for her unintended pregnancy.

STI testing & treatment

By providing STI testing, we build trust and connection with sexually active women who are at high risk for unintended pregnancy and abortion. Through holistic care, we help women understand their inherent value and encourage them to live with sexual integrity.

Patient/sexual health advocacy

Our approach to care is a holistic one - focusing on the physical, emotional, and spiritual needs of the women and men we serve. Our trained staff and volunteers, *both male and female*, are experienced in helping those at risk of or facing unintended pregnancy.

After abortion assessment

We recognize that women are not always offered the appropriate and necessary follow-up care after their abortion. At AVA Care, we support a woman no matter what she decides. We provide a safe space for women to process their abortion experiences and receive the follow-up medical care they deserve.

Spiritual mentorship program

Following a spiritual discussion with a patient advocate, if a patient expresses interest in a new or deeper relationship with God, we match her with a mentor to help equip her to grow in her faith.

EXCEL (equipping parents program)

We partner with many community organizations that provide resources and training to equip women in their personal and professional development after choosing life for their babies. By partnering in an EXCEL program, patients receive free diapers, wipes, and baby items.

Financial Report

Total Income:	Total Expenses:
$765,652	**$703,346**

To our faithful partners and friends,

As President of the Board of Directors, I am deeply grateful for the way God continues to provide for AVA Care through your generosity. Year after year, your faithful financial and prayer-filled support equips this ministry to be a place of hope for women at risk of or facing unintended pregnancies. This past year, we saw God's provision arrive with remarkable timeliness. In a season marked by cultural uncertainty and shifting conversations around life, AVA Care has been positioned, by God's grace and your partnership, to serve as a life-giving presence in our community. Your giving does more than sustain operations; it empowers life-changing work. Because of the steadfast support of our donors, AVA Care is not only able to meet today's needs, but also model faithful stewardship, professionalism, and compassionate care within the broader network of pregnancy medical clinics across Virginia. We do not take this responsibility lightly, and we remain committed to leading with humility, integrity, and dependence on the Lord. Your generosity also allows AVA Care to steward resources with transparency and care. As the needs of our community continue to grow, so do the resources required to meet them. Yet we remain confident in the Lord's faithfulness. Time and again, He has provided exactly what is needed at the right time. Thank you for trusting AVA Care with your financial gifts and for partnering with us in this sacred work. Together, we are witnessing God bring hope where it is needed most.

With gratitude,

Carrie Combs

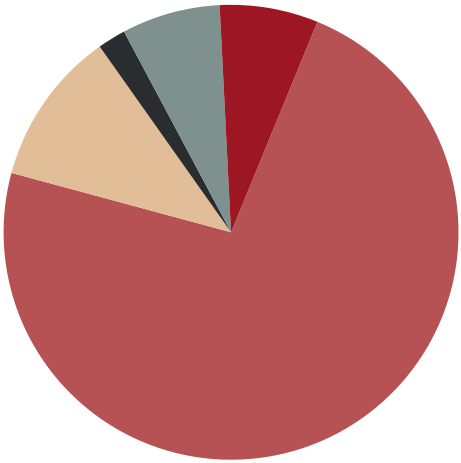
Board President



Financial Breakdown

INCOME SOURCES

- Individuals (73%)
- Businesses/Organizations (11%)
- Churches (7%)
- In-Kind Donations (7%)
- Sentara Cares Grant (2%)



EVENTS

Change for Life
$45,498

Great Community Give
$37,725

Fundraising Banquet
$187,190

INVESTHER
YOUR INVESTMENT HELPS HER BELIEVE SHE CAN

213
total Invest*Hers* in 2025

Thank you to our monthly financial partners!

30
new Invest*Hers* in 2025

How you can get involved



PRAY

Join monthly prayer meetings
Download our prayer calendar

VOLUNTEER

Medical professionals (MD, PA, NP, RN)
Spanish interpreter(s)

PARTNER

Become an Invest*Her*
Donate a one-time gift
Give a planned/legacy gift

"Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go."

Joshua 1:9

Stay Connected

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